



# People & Possibilities

Volume 1, Issue 1

Spring 2014



## MAY IS NATIONAL MENTAL HEALTH MONTH

**F**or the month of May, LCMHS will be hosting a variety of events. LCMHS staff will also be providing information related to wellness and recovery, LCMHS services, and crisis intervention during a series of radio interviews on WLVB on each Monday morning at 8:20 a.m.

- May 5 WLVB: Wellness & Recovery
- May 7 Employee "Take a Break" Breakfast
- May 9 CYFS Garden Day
- May 12 WLVB: CYFS Services
- May 19 WLVB: Substance Abuse & Mental Health CRT BBQ at Lake Elmore
- May 28 WLVB: Crisis Services Employee "Take a Break" Breakfast
- May 29 Adult Mental Health Recovery Day & Open House (with lunch)
- May 29-30 Mental Health First Aid

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## LCMHS TAKES AWARD FOR WORKSITE WELLNESS

**E**mployees of LCMHS were in Burlington recently being recognized by the Vermont Governor's Council on Physical Fitness and Sports for the LCMHS' workplace wellness initiatives. One of 91 businesses considered for this award, LCMHS touted

its mindfulness clinics, weight loss challenges, and other onsite efforts to promote physical fitness and a healthy work-life balance.

Savi Van Sluytman, CEO of LCMHS, received the award from Governor Peter Shumlin, state health commissioner Harry

Chen, and Janet Franz, chair of the Vermont Governor's Council on Physical Fitness and Sports.

At LCMHS, we recognize and understand that healthy workers are more productive and invested in their work, which means better quality of care for our consumers.



# Fantastic!

## BRYANNE CASTLE & CHRIS GLOWAC

Bryanne Castle, LCMHS Intake Coordinator, has earned her license as a mental health therapist (LCMHC).

Christina Glowac, Redwood Program Director, has earned her license as an independent clinical social worker (LICSW).

## BRITTANY PORTER

Brittany Porter, a therapist in the Adult Out-patient program, has been designated a Tobacco Treatment Specialist by the University of Massachusetts Medical School. This designation will allow her to bill for tobacco cessation services, and she will be organizing tobacco cessation groups for consumers.

## DIALECTIC BEHAVIOR THERAPY

Ginny Havemeyer (AOP), Miranda Bevins (CYFS), Scott Vervilli (DS), and Mike Richardson (AOP) have been attending DBT training since February and have started forming a "DBT consult group" at LCMHS.

## JOINT COMMISSION ACCREDITATION

**L**CMHS' Policies & Procedures Work Group continues to meet on the first and third Friday of each month.

We are still in the process of defining the project and planning the process so that each person will have input into the policies and a chance to review the new policy before it is put into effect. Planning this project is crucial given the amount of work to be done.

We have developed a project charter, and we are currently working on the project management plan, which will detail how we communicate standards and policies, what deliverables we want to provide, and time tables for accomplishing work.

We will be incorporating standards from the Behavioral Health Center of Excellence concept and our Action Plan.

## STATE HOSPITAL MOVING TO BERLIN IN JUNE

The Green Mountain Psychiatric Care Center plans to move out of its location at 72 Harrel Street by early July 2014 and into its new facility in Berlin, Vermont. After renovations to restore the space to its previous condition and use are complete, LCMHS Administration and the team in Developmental Services will be moving

back into the wings they formerly occupied. In addition, the state's departure will free up additional conference room space, training space, and an area for an employee fitness center. The renovation work is scheduled to be completed by October of 2014.



*Green Mountain Psychiatric Care Center  
at 72 Harrel Street*